

## Patient Intake Form

### Demographic Information:

\_\_\_\_\_

Full Name (as it appears on your insurance card) Preferred Name/Nickname

\_\_\_\_\_

Street Address City, State Zip Code Phone #

\_\_\_\_\_

Email address: we will use for sending home exercise program and clinic info

\_\_\_\_\_

Date of Birth Age Gender

Appointment Confirmation Preferred Method (circle one):

Phone Call Text Message Email No reminders please

Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

**Insurance Information:**

\_\_\_\_\_  
Insurance Co. Name Responsible Party

Policy#: \_\_\_\_\_

Group #: \_\_\_\_\_

If responsible party is other than self: \_\_\_\_\_

Primary Subscribers Name and Date of Birth Responsible Party's Phone #

Secondary Insurance Carrier: \_\_\_\_\_

Subscribers Name and Date of Birth Responsible Party: \_\_\_\_\_

Policy#: \_\_\_\_\_

Group #: \_\_\_\_\_

**Referring Physician:**

\_\_\_\_\_  
Name of Referring Physician Physician Phone #

Date of next visit with referring physician Primary Care Physician: \_\_\_\_\_

Primary Care Phone #: \_\_\_\_\_

\_\_\_\_\_  
Patient or Guardian Signature Date

## Patient Questionnaire/ Medical History

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

What is your Chief Complaint?

---

---

Rate your chief complaint in order of severity from worst (10) to least (0)

Pain \_\_\_ Decreased Motion \_\_\_ Swelling/edema \_\_\_ Stiffness \_\_\_ Loss of  
function \_\_\_\_\_

Where is your problem? \_\_\_\_\_.

Indicate the nature of your pain and symptoms: \_\_\_ Sharp \_\_\_ Dull \_\_\_ Piercing \_\_\_ Shooting \_\_\_ Aching  
\_\_\_ Deep \_\_\_ Superficial \_\_\_ Tingling \_\_\_ Numbness \_\_\_ Intermittent \_\_\_ Burning \_\_\_ Stabbing

When and how did this problem  
begin? \_\_\_\_\_

---

What makes your symptoms/ pain  
worse? \_\_\_\_\_

---

What makes your symptoms/ pain  
lessen? \_\_\_\_\_

---

Rate your pain on a visual scale (0-10) 0 no pain 10 excruciating  
pain: \_\_\_\_\_

Are your symptoms worse in the: \_\_\_ Morning \_\_\_ Afternoon \_\_\_ Evening \_\_\_  
Inconsistent \_\_\_

Are your symptoms: \_\_\_\_\_ Improving \_\_\_\_\_ Worse  
\_\_\_\_\_ Stable \_\_\_\_\_

Has this problem affected your daily life or routine? Briefly describe in what ways. \_\_\_\_\_

---



---

Have you had past similar episodes of this current problem? \_\_\_\_\_

If yes, were you treated with;

(circle disciplines, which apply) Physical Therapy, Acupuncture, M.D. (Meds, TPI's) Massage  
Therapist, Chiropractor, Pilates, General Exercise, exercise with trainer, Self medicated  
(Advil), ignored it, other, Did they help to alleviate your symptoms? \_\_\_\_\_

---

Have you undergone any special tests for this condition? (X-rays, MRI's, ETC) If yes, do you  
know the results? \_\_\_\_\_

---

Please answering the following questions: Yes                  No

1) Do the current problems interrupt your sleep?		
2) Do your symptoms change with coughing or sneezing?		
3) Have you had any recent changes in bowel or bladder function?		
4) Do you experience any dizziness or vertigo?		
5) Have you had any recent change in your weight or appetite?		
6) Do you have any intolerance to hot or cold?		
7) Do you have any bruising or bleeding disorders?		
8) Have you had any skin changes, such as rashes or discoloration?		
9) Have you experienced any changes in your vision, such as blurring, double vision, or decrease in your visual fields?		
10) Have you had a recent episode of nausea/vomiting?		
11) Are you pregnant?		
12) Do you have osteoporosis? Date of your last bone scan:		
13) Do you have any allergies? If yes please list _____		
14) Have you noticed any shortness of breath or decrease in exercise tolerance?		
15) Do you use any assistive device? (cane foot orthotics)		
16) Do you have high blood pressure?		
17) Do you have any cardiac problems?		
18) Do you have diabetes?		
19) History of cancer?		
20) Do you have a Pacemaker?		

Any other illness, past injuries I should be aware of? \_\_\_\_\_

Past surgeries \_\_\_yes, \_\_\_no, give brief details: \_\_\_\_\_

List the medications you are currently taking (over the counter/prescription): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### Social History

Are you presently working? \_\_\_\_\_Yes, \_\_\_\_\_No, since: \_\_\_\_\_

\_\_\_\_\_  
Physical/Emotional demands of present occupation? (High, moderate, minimal) \_\_\_\_\_

\_\_\_\_\_  
Overall activity level: \_\_\_\_\_Sedentary, \_\_\_\_\_Light, \_\_\_\_\_Moderate, \_\_\_\_\_Heavy, \_\_\_\_\_Very

heavy.

Sports and Exercise (Type, Frequency, Duration) \_\_\_\_\_

\_\_\_\_\_  
Use of Tobacco \_\_\_\_\_Yes, \_\_\_\_\_no. Use of Alcohol \_\_\_\_\_Yes, \_\_\_\_\_No.

### Family medical History:

Does any one in your immediate family (mother, father, siblings) have a history of Diabetes,  
High Blood Pressure, Cardiac Problems, or Cancer? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Please list 3 goals of Physical Therapy and time frames:

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

Patient Signature (Parent/Guardian if necessary): \_\_\_\_\_ Date: \_\_\_\_\_

**CONSENT FOR CARE AND TREATMENT:**

I, hereby agree and give my consent for Stay Mobile Physical Therapy LLC to furnish physical therapy care and treatment considered necessary and proper in evaluating or treating my physical condition.

\_\_\_\_\_ (initial)

FOR MINORS ONLY: CONSENT FOR CARE: As parent and/or legal guardian, I authorize Stay Mobile Physical Therapy LLC to treat the minor patient named in the attached forms while I am not present.

\_\_\_\_\_ (parent/guardian initial)

By signing below, I agree that all of the above information is correct, and that I authorize Stay Mobile Physical Therapy LLC to provide me with therapy services and to furnish my physician, insurance company or attorney information concerning my injury and treatment.

Patient Signature (Parent/Guardian if necessary): \_\_\_\_\_ Date: \_\_\_\_\_

## **Payment and Insurance Policy**

**FINANCIAL POLICY:** It is our policy in this office to maintain your account on a current basis. Charges for treatment are due at the time the service is provided unless we are preferred providers of your insurance plan. We ask that you make copayments, coinsurance and deductibles at the time of each visit.

**PATIENT'S RESPONSIBILITY:** It is the patient's responsibility to pay for any balances due in a timely manner for services rendered, regardless of insurance claims status. (Initial): \_\_\_\_\_

It is the patient's responsibility to:

- Understand their insurance policy, and to ask questions when they don't.
- Obtain a referral indicating medical necessity for physical therapy services.
- Pay co-pays, co-insurances, and/or deductibles at time of service.
- Promptly pay any patient responsibility indicated by their insurance carrier

### **INSURANCE PATIENTS**

**ASSIGNMENT OF INSURANCE BENEFITS:** I hereby authorize Stay Mobile Physical Therapy LLC to furnish information to my insurance carrier(s) concerning this treatment and I hereby assign all payment for services rendered to Stay Mobile Physical Therapy LLC. \_\_ \_\_ \_\_ (Initial)

**MEDICARE PATIENTS** – (please provide card)

Have you had any PT this year provided in your home or in another outpatient clinic? Yes No

# of visits \_\_\_\_\_

Do you currently have Medicare home services? Yes No

Medicare ID: \_\_\_\_\_

### **SELF PAY PATIENTS:**

For patients without insurance or with insurance we are not contracted with, we offer self-pay rates which must be paid at the time of service. \_\_ \_\_ \_\_ (Initial)

\_\_\_\_\_  
Patient or Guardian Signature

\_\_\_\_\_  
Date

## **HIPPA NOTIFICATION**

Notice of Privacy Practices for Protected Health Information Health Insurance Portability & Accountability Act of 1996 (HIPAA) Due to increased awareness of the need for more strict guidelines regarding privacy of your protected health information, the Health Insurance Portability & Accountability Act of 1996 (HIPAA) was legislated, effective April 14, 2003. As part of this law, Stay Mobile Physical Therapy LLC is required to provide you with the option of receiving a copy of this Notice. You are able to receive this Notice either electronically or on paper.

I have read and fully understand Stay Mobile Physical Therapy LLC's Notice of Information Practices. I understand that Stay Mobile Physical Therapy LLC may use or disclose my personal health information for the purpose of carrying out treatment, obtaining payment, evaluating the quality of service provided, and any administrative operations related to treatment or payment.

Please Select One:

Waiver (Receive HIPAA Electronically) I, the undersigned, am aware of my right to receive a paper copy of the above Notice and have declined such Notice. I am aware that this Notice is available to me online at Stay Mobile Physical Therapy LLC's website, [www.staymobilept.com](http://www.staymobilept.com), and I choose to receive such Notice electronically. I understand that it is my responsibility to read and be aware of these rights as outlined in the Notice.

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_

OR

Acknowledgement (Receive HIPAA Paper Copy) I, the undersigned, acknowledge with my signature that I have received a paper copy of the above mentioned Notice. I understand that it is my responsibility to read and be aware of these rights as outlined in the Notice.

Print Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date Signed: \_\_\_\_\_